

**J.C. BOSE UNIVERSITY OF SCIENCE AND TECHNOLOGY, YMCA, FARIDABAD, HARYANA**  
NAAC 'A+' Grade accredited State University



**Department of Business Studies**

**Report  
On  
Student Seminar  
On  
“COPING UP WITH GENDER DISCRIMINATION AT WORKPLACE”  
Held on 20<sup>th</sup> March, 2025**

The Department of Business Studies organized a Student Seminar on 20<sup>th</sup> March, 2025 from 11:30 am to 1:30 pm for the students of B com under the guidance of chairperson, Dr. Manisha Goel. Ms. Diksha Miglani, faculty member, Department of Business Studies coordinated the event along with students Namashvi Sharma and Sonia Sutwal.



**J.C. Bose University of Science And Technology, YMCA, Faridabad, Haryana**  
(A State Government University)  
Accredited A+ Grade By NAAC

**DEPARTMENT OF BUSINESS STUDIES**  
Organising  
**STUDENT SEMINAR**  
On  
**“COPING UP WITH GENDER  
DISCRIMINATION AT WORKPLACE”**



**DATE:** 20<sup>th</sup> March, 2025  
**TIME:** 11:30 am onwards  
**VENUE:** Computer Lab  
(Vishwakarma Block)



**PATRON**  
Prof. Sushil Kumar Tomar  
Vice Chancellor

**FACULTY COORDINATORS**  
Ms. Diksha Miglani

**CHAIRPERSON**  
Dr. Manisha Goel



**STUDENT COORDINATORS**  
Namashvi -9643923474  
Sonia - 992422585

The aim of the event was to raise awareness about gender discrimination at workplace and to discuss legal rights and workplace policies that safeguard employees, to equip students with strategies to handle and report discrimination. The seminar witnessed active participation from both students and faculty members. Thirty students in teams of 5 participated in the event with great zeal and enthusiasm. They delivered presentations, each focusing on different aspects of coping with gender discrimination at workplace.

The students were observed on the following criteria: Starting and ending of the presentation; Content; Confidence and Presentation skills. The participants impressed everyone with their conversation and demonstration competencies. The students were proficient in their speech and propositions.



The presentations provided an in-depth understanding of Coping with Gender Discrimination at the Workplace, covering various forms of discrimination such as wage disparity, biased hiring, unequal promotions, and workplace harassment. It highlighted legal protections like the Equal Remuneration Act, 1976, and the Sexual Harassment of Women at Workplace Act, 2013.

Strategies such as self-advocacy, mentorship, networking, and legal recourse were discussed to help individuals navigate workplace biases. Real-world case studies, corporate initiatives, and interactive discussions encouraged students to promote inclusivity and stand against discrimination in their future careers.



The consequences of gender discrimination are profound for both employees and organizations:

**On Employees:** It can lead to Mental and Emotional Stress, Career Limitations, Job Turnover.

**On Organizations:** Decreased Productivity, Legal and Financial Repercussions, Lack of Diversity.





Gender discrimination in the workplace remains a significant challenge, but through proactive policies, awareness, and inclusivity efforts, organizations can create more equitable work environments. Addressing this issue is not just a legal or moral obligation but a business imperative that contributes to the overall success and productivity of the organization.



The seminar was well organized; the participants displayed a high level of communication skills and creativity. It provided students with valuable insights into workplace gender discrimination and practical strategies to cope with and combat it. The session concluded with a Q&A segment, allowing students to seek further guidance. The event successfully encouraged participants to advocate for gender equality and contribute to creating a discrimination-free work environment. The event provided an excellent platform for students to learn and share their knowledge.

## LIST OF PARTICIPANTS

S No.	NAME OF PARTICIPANTS
1	Monika
2	Riya
3	Laveesha
4	Tilak
5	Sanchit
6	Nitesh
7	Kirti
8	Aman
9	Arpit
10	Anjali
11	Mishika
12	Kinjal
13	Muskan
14	Sheetal
15	Rimi
16	Rashu
17	Lavanya
18	Paras
19	Nishant
20	Prakhya
21	Diksha
22	Bhumika
23	Rajat
24	Vanshika
25	Anshika
26	Sonia
27	Anchal
28	Tannu
29	Akshat Gupta
30	Namashvi