

J. C. Bose University of Science and Technology, Faridabad, Haryana

Department of Communication and Media Technology

2 Year Post-Graduate Programme

Master of Social Work (MSW)



(Course Effective from Academic Year 2024-25)

VISION

“J.C. Bose University of Science and Technology, YMCA Faridabad aspires to be a nationally and internationally acclaimed leader in technical and higher education in all spheres which transforms the life of students through integration of teaching, research and character building.

MISSION

- To contribute to the development of science and technology by synthesizing teaching, research and creative activities.
- To provide an enviable research environment and state-of-the art technological exposure to its scholars.
- To develop human potential to its fullest extent and make them emerge as world class leaders in their professions and enthuse them towards their social responsibilities.

ABOUT THE PROGRAM

Social work is ancient as a service, and relatively modern as a profession. To serve human concerns, social work practitioners applied knowledge and techniques derived from different fields of art and science to resolve the social problems besetting individuals, groups and communities. Hence Social Work as the discipline is scientific in method and artful in manner

The central aim of postgraduate programme in social work is to develop and disseminate knowledge, skills and values through education, field training and research necessary for promoting, maintaining and improving the functioning of individuals, families, groups, organizations and communities existing in the society. The programme is strongly committed to a diverse learning environment, in which respect for dignity and worth of all human beings and understanding of diverse conditions would be practiced. It respects individual uniqueness and offers a professional programme to build a foundation for practice with population groups, keeping the larger goal in mind.

FACULTY OF LIBERAL ARTS AND MEDIA STUDIES
MASTER OF SOCIAL WORK PROGRAMME
PROGRAMME EDUCATION OBJECTIVES

PEO 1	To enable students to understand history, philosophy, values, ethics and functions of Social Work as discipline and profession also its linkages with other social science disciplines.
PEO 2	To equip students with knowledge on core and ancillary methods of professional Social Work, and its practice base.
PEO 3	To make learners- the young professionals sensitive to the needs of the people at individuals, group and community levels and to social problems in changing social, cultural and techno-economic context.
PEO 4	To develop in the graduates a perspective on understanding planning and development at the national and international levels; and also thrust on national policies directed towards achieving sustainable development.
PEO 5	To imbibe in the learners the values of social justice, human rights, empathy, hard and honest work- thereby developing in them the vision to work towards an egalitarian society.

PROGRAMME OUTCOMES

PO 1	Awareness of the social context, policies and programmes directed towards social development, understanding of social problems, social legislations and the rights-based approach.
PO 2	Ability to express thoughts and ideas effectively, demonstrate the ability to listen carefully, read and write analytically, and present complex information in a clear and concise manner to different groups.
PO 3	Apply disciplinary knowledge and transferable skills to new/unfamiliar contexts and demonstrate knowledge to work with individuals, groups and communities.
PO 4	Understanding of Social Issues, Problems & Fields and ability to Cooperation, Collabouration& Participation.
PO 5	Knowledge of Human rights, Empathy social justice.

J.C. BOSE UNIVERSITY OF SCIENCE AND TECHNOLOGY, YMCA, FARIDABAD

DEPARTMENT OF COMMUNICATION AND MEDIA TECHNOLOGY

**SUMMARY OF
SCHEME OF STUDIES & EXAMINATIONS
MASTER OF SOCIAL WORK (2024-2025)**

Total Credits: 96

Total Theory subjects: 14

Total Labs including projects: 7

Industrial Training: In semester four

Total Teaching Schedule:

Lectures	Practical	Seminar	Tutorial	Total
60	76	-	-	136

Total Marks:

Sessional	End Term	Total
605	1845	2450

Itemized Break-up

	No.	Hours	Marks	Credits
Theory Subjects	15	60	1500	60
Labs	6	56	700	28
Projects	1	12	150	6
Industrial Training	1	8	100	4
Total	23	136	2450	98

Lab= Field work + Rural education camp+ skill development lab; Project = Dissertation; Industrial training = Block Placement.

Master of Social Work**SEMESTER I**

Sr. No.	Course Code	Course Title	L	T	P	Internal Asses smen t	End Semes ter Exam	Total	Cre dit
1.	SWP-101-V	History & Philosophy of Social Work	4	0	0	25	75	100	4
2.	SWP-103-V	Social Science Concepts for Social Workers	4	0	0	25	75	100	4
3.	SWP-105-V	Human Growth & Development	4	0	0	25	75	100	4
4.	SWP-107-V	Society and Social Problems	4	0	0	25	75	100	4
5.	SWP-109-V	Concurrent Field Work Practice-I	0	0	12	35	115	150	6
6.	SWP-111-V	Skill development lab		0	4	15	35	50	2
	Total			32		150	450	600	24

Master of Social Work**SEMESTER II**

Sr. No.	Course Code	Course Title	L	T	P	Internal Asses smen t	End Semes ter Exam	Total	Cre dit
1.	SWP-102-V	Social Case Work	4	0	0	25	75	100	4
2.	SWP-104-V	Social Group Work	4	0	0	25	75	100	4
3.	SWP-106-V	Community organization and Community Development	4	0	0	25	75	100	4
4.	SWP-108-V	Human Rights, Social Justice and Social Legislations	4	0	0	25	75	100	4
5.	SWP-110-V	Concurrent Field Work Practice-II	0	0	12	35	115	150	6
6.	SWP-112-V	Rural Educational Camp		0	4	15	35	50	2
	Total			32		150	450	600	24

Master of Social Work

SEMESTER III

Sr. No.	Course Code	Course Title	L	T	P	Internal Assesment	End Semester Exam	Total	Credit
1.	SWP-201-V	Social Work Research and Statistics	4	0	0	25	75	100	4
2.	SWP-203-V	Social Welfare Administration	4	0	0	25	75	100	4
3.	SWP-205-V	Social Action and Social Movements	4	0	0	25	75	100	4
4.	SWP-207-V SWP-209-V	Specialization-1 HRM-Human Resource Management and Industrial Relation OR CD-Rural Community Development	4	0	0	25	75	100	4
5.	SWP-211-V	Concurrent Field Work Practice-III	0	0	12	35	115	150	6
6.	SWP-213-V	Dissertation	0	0	12	35	115	150	6
	Total		40			170	530	700	28

Master of Social Work

SEMESTER IV

Sr. No.	Course Code	Course Title	L	T	P	Internal Asses smen t	End Semes ter Exam	Total	Cre dit	Block Place ment/ Internship
1.	SWP-202-V	Social Policy and Planning	4	0	0	25	75	100	4	will be of 45 days and to be done after release semester end exam
2.	SWP-204-V	Mental health and well being	4	0	0	25	75	100	4	
3.	SWP-206-V	Specialization-2 HR-Employee Welfare and Labour Codes/ Legislations OR CD-Urban Community Development	4	0	0	25	75	100	4	
4.	SWP-210-V	Concurrent Field Work Practice-IV	0	0	12	35	115	150	6	
5.	SWP-212-V	Block Placement/ Internship	0	0	8	25	75	100	4	
	Total				32		135	415	550	22

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Syllabus

SEMESTER I

Master of Social Work

SWP-101-V

History and Philosophy of Social Work

L T P
4 0 0

I.A.: 25 Marks
Theory: 75 Marks

Max. Marks: 100
Total Credits: 4

Course Objective:

1. To trace the evolution of social work as a profession
2. To develop insights into the ideologies and approaches of social work
3. To understand various principles, values, ethics, roles and strategies
4. To analyze various functions of social work
5. To acquire practical knowledge in the field of social work

Course Outline

Unit I– Emergence of Social Work

- 1.1 Socio-political Developments and the emergence of Professional Social Work in the west
- 1.2 The Poor Laws, Settlement Houses, Beveridge Plan, Charity Organization Society
- 1.3 Development of Social Work Profession in India
- 1.4 Current status of social work profession

Unit II–Theoretical Foundations of Social Work Practice

- 2.1 Therapeutic approach, Systems and Ecological perspectives
- 2.2 Radical, Marxist approaches and Emancipatory social work
- 2.3 Radical, Feminist& Structural approaches
- 2.4 Post modernism and social work

Unit III - Historical Development of Social Work

- 3.1 Development of social work education and profession in U.K., U.S.A and Asia
- 3.2 Social reconstruction, Social service traditions

3.3 Socio-Religious Reform

3.4 Changing context for Social Work practice and emerging areas

Unit IV- Elements of Professional Social Work

4.1 Basic assumptions and Philosophy

4.2 Principles of Social Work

4.3 Ethics and Values in social work

4.4 Indigenous and International Social Work

Unit V: Social Work as a Profession

5.1 Methods of social work intervention

5.2 Social work functions and roles of social workers

5.3 Competencies and Skills for social work practice

5.4 Code of ethics for social Worker

Assignments:

1. Write Socio-political development of Social Work in the west
2. Create PPT on Post Modernism in Social Work
3. Discuss Social Movements in Bharat
4. Create PPT on Indigenous and International Social work
5. Highlight role of social workers in contemporary times

Course Outcome: The learner shall be able to:

1. Trace the emergence of social work as a profession
2. Delve into the ideologies and approaches of social work
3. Understand various issues of human rights and social problems
4. Analyze various functions of social work
5. Equip with necessary skills for practicing social work

Suggested Readings:

1. Agnew, E. N. (2004). *From charity to social work: Mary E. Richmond and the creation of an American profession* (Vol. 13). Urbana and Chicago: University of Illinois Press.
2. Pathak, S. H. (1981). *Social Welfare: An Evolutionary and Development Perspective*, New Delhi: MacMillan Publications
3. Payne, M. (2015). *Modern social work theory*. New York, NY: Oxford University Press.
4. Skidmore, R. A., & Thackeray, M. G. (1982). *Introduction to social work*. Englewood Cliffs, NJ: Prentice Hall.
5. Trevithick P (2005). *Social Work Skills: A Practice Handbook*. Maidenhead: Open University Press
6. Murli Desai. Ideologies and Social Work. Rawat Publications: Jaipur, 2002. 10. NASW. Encyclopedia of Social Work.
7. NASW Press and Oxford University Press, 2008.
8. Patricia Higham. Social Work: Introducing Professional Practice. SAGE Publications: New Delhi, 2006.
9. Sarat C. Joshi. Gandhian Social Work. Akansha Publishing House: New Delhi, 2009.

Master of Social Work

SWP-103-V

Social Science Concepts for Social Workers

L T P
4 0 0

I.A.: 25 Marks
Theory: 75 Marks

Max. Marks: 100
Total Credits: 4

Course Objective:

1. To understand basic sociological concepts and social formations
2. To develop skills to analyze and understand Indian society
3. To learn to apply sociological insight and approaches in social work practice
4. To understand social change and its processes
5. To analyze social processes and their relationship with social work profession

Course Outline:

Unit I: Orientation to Significant Sociological Concepts

- 1.1 Social Structure and Social Stratification: Concept and Theories
- 1.2 Social Change and Types of caste and class
- 1.3 Culture: Elements, Systems and Theory
- 1.4 Socialization and Social Control: Meaning, Agencies and Mechanisms

Unit II: Major Social Institutions

- 2.1 Marriage: Concept, Types, and Theories
- 2.2 Family-Major theoretical perspectives, Types and Challenges
- 2.3 Religion-Concept and Role of religion in society
- 2.4 Education-Role of Education in Society, Changes in Education System & Impact on Society

Unit III: Economic and Political Systems

- 3.1 Economy: Concept, Types, Sectors
- 3.2 Economic Institutions: National (Banks, cooperatives, SEBI & RBI) and International (IMF & WB)
- 3.3 State: Concept, Types, Organs
- 3.4 Relationship between Citizen and State

Unit IV: Social Change and Social Mobility

- 4.1 Social change: Definition and Characteristics, Direction of social change
- 4.2 Social Mobility; Definition and theories
- 4.3 Sanskritization and Westernization
- 4.4 Modernization and Post-Modernization

Unit V: Social Processes and Social Work

- 5.1 Social Processes: Meaning and Definition
- 5.2 Cooperation and Competition
- 5.3 Conflict, Accommodation and Assimilation
- 5.4 Relevance of social processes in society

Assignments:

1. Differentiate between Socialization and Social Stratification
2. Write an essay on role of education in society
3. Create a PPT on Organ of State
4. Group activity on Social Change
5. Group activity on competition and Social Change

Course Outcome: The learner shall be able to:

1. Understand basic sociological concepts and social formations
2. Develop skills to analyze and understand Indian society
3. Learntoapplysociologicalinsightandapproachesinsocialworkpractice
4. Understand social change and its processes
5. Analyze social processes and their relationship with social work profession

Suggested Readings

1. Rao, Shankar, (2005), Sociology, S. Chand and Company Ltd, New York
2. Srinivas, M. N. (1991), Indian Social Structure, Hindustan Publishing House, Delhi.
3. Ahuja, R. (1993), Indian Social System, Rawat Publication, Jaipur
4. Kuppuswami, B. (1981), Social Change in India, Vikas Publishing House, India
5. Bhushan, Vidya Sachdeva, (2000), An Introduction to Sociology, Kitab Mahal Distributor, Delhi.
6. Basu, A., & Kohli, A. (Eds.). (1998). *Community conflicts and the state in India*. Oxford: Oxford University Press
7. Davis, K. (1969). *Human Society*. New York: The Macmillan.

8. Dutt, R. & Sundaram, K.P.M. (2010). *Indian Economy*. New Delhi.: S. Chand & Company Ltd.
9. Giddens, A. (2003). *Capitalism and Modern Social Theory*. Cambridge: University Press.
10. Menon, N. (1999). *Gender and Politics in India*. New Delhi: Oxford University Press
11. Merton, R.K. (1968). *Social Theory and Social Structure*. New York: The Free Press.
12. Singh, Y. (2005). *Modernization of Indian Tradition*. New Delhi: Thomson Press.
13. Oberoi, P. (1997). *Family, Kinship and Marriage in India*. New Delhi: Oxford University Press.

Master of Social Work
SWP-105-V
Human growth and Development

L T P
4 0 0

I.A.: 25 Marks
Theory: 75 Marks

Max. Marks: 100
Total Credits: 4

Course objectives:

- 1- To acquire fundamental knowledge on various stages of human growth and personality development.
- 2- To understand growth and development of individual at various stages in life span.
- 3- To understand the theories and concepts of human growth and development and their applications.
- 4- To develop techniques in assessing the psycho-social issues and problems of different age groups.
5. To develop skills to resolve the psycho-social issues and problems of different age groups.

Course Outline:

Unit-I: Human Growth and Development

- 1.1 Growth, maturation and development.
- 1.2 Principle and determinants of development.
- 1.3 Personality: definition, structure, dynamics and determinants,
- 1.4 Motivation: definitions and types. Adaptation: definition and modes.
- 1.5 Determinants of human development: Heredity and Environment; Social Institutions and Culture.

Unit-II: Theories of Personality Development

- 2.1 Erik Erikson's theory of psychosocial development theory.
- 2.2 Psychoanalytical theory of Freud.
- 2.3 Piaget's cognitive theory.
- 2.4 Humanistic theory of Carl Rogers.

Unit-III: Stage of Development-I

- 3.1 Development of fetus. Necessary precautions such as medical, nutritional and emotional during pre-natal period and preparations for anti-natal care.
- 3.2 Characteristics (physical, social, cultural, emotional, and cognitive), needs, problems,
- 3.3 Tasks of each stages of development: Infancy, Babyhood, Childhood (early and late), Puberty, Adolescence, Adulthood and Old age
- 3.4 Relevance of social work practice during stages of development

Unit-IV Stage of Development-II

- 4.1 Psycho-social bases of behaviour: social perception, values, attitudes;
- 4.2 Prejudices, stereotypes and discrimination:
- 4.3 Social customs, traditions, values in parenting and child rearing practices;

4.4 deprivation and development during stages of the life span.

Unit V: Human development

- 1.1 Collective Behavior
- 1.2 Perception
- 1.3 Motivation
- 1.4 Social Adjustment

Assignments:

1. Write a short essay on Personality and Motivation
2. Group Activity: Group Presentation on Freud's Theory
3. Group Activity: Group PPT on Human Development at any specific stage
4. Group Activity: Street play on Prejudice or stereotype practices
5. Write article on Socialization

Course Outcome: At the end of the program the student will know or be able to

- 1- Acquire fundamental knowledge on various stages of human growth and personality development.
- 2- Understand growth and development of individual at various stages in life span.
- 3- Understand the theories and concepts of human growth and development and their applications.
- 4- Develop techniques in assessing the psycho-social issues and problems of different age groups.
- 5. Develop skills to resolve the psycho-social issues and problems of different age groups.

groups.

Suggested Readings:

वर्मा, भावना; गिरि, संदीप 2017, मानवविकास : व्यवहार एवंव्यक्तित्व, भारतीप्रकाशन, वाराणसी।

सिंह, वृन्द: 2017, मातृकला एवंशिशुकल्याण, आठवॉसंस्करण।

Srivastava, Ruchi, 2011: personal Growth and training and development, Vrinda Publications P.ltd. Delhi.

Morgan, C.T., King, R.A., Welsz, J.R. &Schopler, J. 2003 Introduction to Psychology (7th Edition) New Delhi: Tata McGraw Hill Publication Company Limited.

Hurlock, E.B. 1981. Developmental Psychology: a lifespan Approach, Tata McGraw Hill, New Delhi.

Hurlock E.B., 1992. Child Growth and Development, Tata McGraw Hill, New Delhi.

Hurlock E.B., 1992 Personality Development, McGraw Hill, New Delhi.

Hurlock, E.A., Developmental Psychology, Lifespan Approach, Tata McGraw Hill, New Delhi, 1994.

Hurock, Elizabeth B., Child Development, McGraw Hill Book Company, London, 1978.

Kuppuswamy, B., 1980. An Introduction to Social Psychology, Mumbai: Media Promoters and Pub. Pvt. Ltd.

Baron, R.A. & Byrne, D., Social Psychology (8thEdition), Prentice Hall, New Delhi, 1998

Bron, Rober A.; Byrne, Donn, Social Psychology, Allyn and Bacon, Boston, 1997.

Hall, C.S.;Lindsay, G. &Campbell, J.B., Theories of Personality, John Willey & Sons, Inc. New York, 1998.

Hilgard Ernest R., Atkinson, Rital, Introduction to Psychology, Harcourt Brace Jovanovich Inc. New York, 1979.

Loid, Dodge Farnald, Psychology - Six Perspectives, Sage Publication, New Delhi, 2007

Master of Social Work

SWP-107-V

Society and Social Problems

L T P
4 0 0

I.A.: 25 Marks
Theory: 75 Marks

Max. Marks: 100
Total Credits: 4

Course Objectives:

1. To understand the genesis and manifestation of social problems
2. To understand preventive and remedial measures for contemporary social problems
3. To understand the role of social work in addressing social problems
4. To understand preventive and remedial measures for Suicide
5. To understand preventive and remedial measures for poverty and Unemployment

Course Outline:

Unit I: Conceptual and Theoretical Perspectives to Understand Society:

- 1.1 Society: Nature, Approaches, Functions, Theories of Society (Evolutionary, Cyclical, Conflict and Systems Theories)
- 1.2 Social Groups- Concept and Characteristics of Primary Group, Secondary Group and Reference Group
- 1.3 Social Institutions- Family, Marriage, Kinship, Property, Education and Religion
- 1.4 Culture- Concept, Traditions, Customs, Values and Norms

Unit – II Social Systems and Social Process of Contemporary Society:

- 2.1 Social Systems and Sub-Systems- Structure and Functions and Classification of Systems.
- 2.2 Social Structure- Role, Status and Functions
- 2.3 Socialization and Social Interaction
- 2.4 Social Control

Unit – III Policy and Economy of Contemporary Society:

- 3.1 Democratic Socialism in India- Elements, Roles, Functions and Process of State

3.2 The nature of Economic Development in Developing Countries

3.3 Globalization

3.4 Liberalization and Privatization

Unit – IV Social Change in Contemporary Society:

4.1 Social Change- Concept, Factors

4.2 Problems of Structural Change

4.3 Casteism, Communalism and Youth Unrest.

4.4 Problems of Industrialization and Urbanization-Growth of Slums

Unit – V Problems of Contemporary Indian Society:

5.1 Social Problems- Concept, Factors, Theories, Impact on the Society and Treatment Measures

5.2 Major Social Problems of the Society: Poverty, Unemployment, Population Explosion, Malnutrition, Environment Pollution, Substance abuse

5.3 Juvenile Delinquency, Atrocities against Women, etc.

5.4 Positive and Negative impact of Social Media

Assignments:

1. Differentiate between primary and reference group
2. Discuss the relevance of socialization and social control
3. Write an essay about evident change in Indian economic system after LPG
4. Youth Unrest and possible solution
5. PPT on Malnutrition and environmental pollution

Course Outcomes: The learner shall be able to:

1. Able to understand the genesis and manifestation of social problems
2. Able to understand preventive and remedial measures for contemporary social problems
3. Able to understand the role of social work in addressing social problems
4. Able to understand preventive and remedial measures for Suicide
5. Able to understand preventive and remedial measures for poverty and Unemployment

Suggested Readings:

1. Ahuja Ram: Social Problems in India. (Rawat Publishers, Jaipur, 1997)
2. Madan, GR: Indian Social Problems. (Allied Publishers, New Delhi, 1981)
3. Reddy, KS: Poverty and Unemployment. (Anmol Publishers, New Delhi, 1997)
4. Bhushan Vidya, Sachdeva D.R: An Introduction to Sociology. (Kitab Mahal Publications)

5. Shankar Rao, C.N. Sociology (New Delhi, S. Chand and Co. Ltd, 2005)
6. Sharan, Raka: A Handbook of Sociology. (New Delhi, Anmol Publications, 1991)
7. Srinivas, M.N: Indian Social Structure. (New Delhi, Hindustan Publishing House, 1991)

Master of Social Work

SWP-109-V

Concurrent Field Work Practice – I

L T P
0 0 12

I.A.: 35 Marks
Practical: 115 Marks

Max. Marks: 150
Total Credits: 6

Nature of Placement

The students are to be placed with organizations which are working with urban, semi-urban or rural communities located in and around Delhi NCR, Faridabad.

Field Work Objectives

1. Developing an understanding of the agency and the issues that it addresses
2. Getting an orientation to the community, its needs and problems
3. Initiating groups/basic nucleus in the community for addressing some of these needs and problems and identify individuals/families that may require exclusive and intensive intervention
4. Locating internal/external resources that can be used for addressing community needs.
5. Developing an ability to record and use supervision for professional growth
6. Getting oriented to professional ethics and values

Tasks for Field Work

1. Developing an agency profile which would inter-alia include the organizational genesis, ideological orientation, programmes and policies, and roles and functions of various functionaries in the agency.
2. Collecting information on opportunities for education, health, employment etc. available in and around the community and their access to different population groups within the community and the reasons. Mapping of the community resources.
3. Utilizing various methods and techniques of social work as far as possible
4. Beginning to form a core group/basic nucleus of children/youth/women/ men for addressing one or more of the concerns identified above and introducing a process of self-help.
5. Identifying formal and informal leaders from within the community and maintaining regular liaison with them
6. Learning and Working with agency.
7. Relating theory with practice

Components of Field Work:

- Concurrent Field Work twice a week
- Individual Conferences and Group Conferences
- Weekly report submission

Master of Social Work

SWP-111-V

Skill Development Lab

L T P
0 0 4

I.A.: 35 Marks
Practical: 15 Marks

Max. Marks: 50
Total Credits: 2

Course Outline:

Unit 1: Understanding Self

- 1.1 Concept of Self and Making of Self
- 1.2 Understanding Beliefs and their expression in relation to others
- 1.3 Challenging Self
- 1.4 Managing Emotions

Unit 2: Communication Skills

- 2.1 Concept, Types and Methods of Communication
- 2.2 Relationship Building through Media (Theatre, Art, Music, Group Games)
- 2.3 Dynamics of Communication
- 2.4 Recording Skills, Listening Skills, Verbal and Non-Verbal Skills, Interviewing Skills

Syllabus

SEMESTER II

Master of Social Work

SWP-102-V

Social Case Work

L T P
4 0 0

I.A.: 25 Marks
Theory: 75 Marks

Max. Marks: 100
Total Credits: 4

Course Objectives:

OBJECTIVES:

1. To Understand social casework as a method of social work practice.
2. To Develop capacity to understand and accept the uniqueness of individuals.
3. To Understand to work towards strengthening personality of clients by fostering skills of self-help.
4. To Understand the process involved in social work in individualized situations.
5. To Develop self-awareness and skills in working with individual clients as well as family systems.

COURSE CONTENTS:

Unit I: Nature and Development of Casework

- 1.1 Historical development of case work as a method of social work
- 1.2 Meaning and nature of social casework
- 1.3 Philosophical assumptions underlying casework practice
- 1.4 Basic casework concepts: Social roles, Social functioning, Need, Instincts, Urges Adjustment, Adaptation, Social environment, Person-in-environment, Client.

Unit II: Principles and Components of Casework

- 2.1 Principles of casework practice
- 2.2 Meaning, nature and ways to establish relationship in casework; Transference and counter transference issues in relationship
- 2.3 Authority: Types and uses in Case Work
- 2.4 Components of casework: person, problem, place and process

Unit III: Approaches to Casework Practice

- 3.1 Diagnostic and Functional approaches to casework
- 3.2 Problem solving approach to casework practice
- 3.3 Task centered casework and Radical casework

3.4 Casework recording: Types and format

Unit IV: Process and Techniques of Social Casework

4.1 Intake: concept and uses

4.2 Process of casework: Study, assessment, diagnosis and intervention

4.3 Techniques of casework intervention: exploration, excavation and reality perception

4.4 Principles of interviewing in casework: skills and techniques of interviewing

4.5 Similarities and differences between Casework and Counseling, Casework and Psychotherapy

Unit V: Social Casework Practice: Client Groups and Settings

5.1 Casework with children

5.2 Family casework

5.3 Casework in crisis situations like rape, conflicts, disaster and other calamities. Gestalt Therapy and RET

5.4 Casework with oppressed groups and other socially and economically disadvantaged groups

Assignments:

1. Group Activity: Group PPT on Social Casework
2. Group Activity: Group Presentation on Problems Faced by Individuals and Families
3. Group Activity: Poster/Chart on Casework Process
4. Write a short essay on Casework communication
5. Individual Presentation on Casework with oppressed groups

Course Outcome: At the end of the program the student will know or be able to

- 1 Understand social casework as a method of social work practice.
- 2 Develop capacity to understand and accept the uniqueness of individuals
- 3 Understand to work towards strengthening personality of clients by fostering skills of self-help.
- 4 Understand the process involved in social work in individualized situations.
- 5 Develop self-awareness and skills in working with individual clients as well as family systems.

Suggested Readings:

Turner (1sted. 1974, 6thed. 2017) Social Work Treatment

Bhattacharya, S. (2009). Social case work administration and development. New Delhi, Rawat Publications.

Choudhary, R. K. (2006). Social Case Work, New Delhi, Rawat Publications.

Biesteck. F. P; The Case Work Relationship (1957), London, George, Allen and Unwin Carolina Press.

Goldsteein. H; Social Work Practice: A Unitary Approach (1979), Carolina, University of Carolina Press

Gordon Hamilton, (1954), Theory and Practice of Social Case Work, New York, Colombia University Press

Hamilton Gordon, Principles of Social Case Recording, (1946) N.Y. Colombia University Press.

Haris, F.J. (1971). Social Case Work. Nairobi, OUP.

Kumar Hajira (1995) Theories In Social Work Practice, Friends Publication, New Delhi, New York.

Perlman, H.H (1957) Case Work: A Problem-Solving Approach, Chicago, University of Chicago Press.

Mathew Grace (1993) An introduction to social casework, Bombay, TISS

Richmond. M.E (1992), What Is Social Case Work: An Introductory Description, N. Y. Russell, Age Foundation.

Robert, W. Roberts and Robert, H. Nee (ed) (1970), Theories of social case work, Chicago, The university of Chicago Press

Timms N. (1971), Recording in Social Work, Routledge and Kegan Paul, London. University Press.

Master of Social Work

SWP-104-V

Social Group Work

L T P
4 0 0

I.A.: 25 Marks
Theory: 75 Marks

Max. Marks: 100
Total Credits: 4

Course Objectives:

1. To develop knowledge and skills about group work.
2. To build capacity to deal with group in various settings, including developmental and therapeutic work.
3. To Facilitating analytical capacity to use and evaluate group work in social work practice.
4. To Develop skills of working with groups as an effective method of social work intervention.
5. To acquire various technique of Social Group Work.

Course Outline:

UNIT-I: Concept of Group Work

- 1.1 Meaning and Definition of Group, Characteristics of Group.
- 1.2 Types of Group: primary and secondary, In-group and out-group, formal and informal, open and closed, therapeutic and task, reference group, virtual group.
- 1.3 Group work: Nature, Definition and Objectives, Assumptions, Values, Functions and Principles of Group Work.
- 1.4 Historical Development and Group Work as a Method in India and Abroad.

UNIT-II: Theories of Group Work and Group Dynamics

- 2.1 Theories for Group Work Practice: Systems Theory, Conflict Theory, Human and Social Capital, Field Theory, Exchange Theory, Theory of Power Dependence.
- 2.2 Tuckman stages of Group Development, Kurt Lewin's model, Klein's model, Fisher's model of group development.
- 2.3 Dynamics of Groups: Bond, Sub-Groups, Dyads, Triads, Clique, Scapegoats, Role, Status, Cohesiveness, Isolates, Scapegoats, New Comer, Group Conflict, Social Control.

UNIT-III: Process and Skills

- 3.1 Process of Group Work: Pre- Group Planning, Beginning, Middle Stage and Termination, Evaluation. Individual or Group Follow up.
- 3.2 Programme Planning and Recording in Group Work Process.
- 3.3 Essential Skills for Group Work: Communication, Listening, Observation, Analytical Thinking, Empathy, Self-control, Leadership.

UNIT-IV: Models and Approaches

- 4.1 Models of Group Work: Social Goal Model, Remedial and Reciprocal Model. Development Group and Task-Centered Group.
- 4.2 Different Therapeutic approaches: Transactional analysis, T - groups, Roleplay, Buzz group, Brainstorming etc.
- 4.3 Social Development Approaches: Group work in Developmental Programmes,

UNIT-V: Techniques and Use of Group Work in Various Settings

- 5.1 Techniques of Group Work: Group Counseling, Group Discussion, Group Decision Making, Sharing Feedback and Emotional Support
- 5.2 Use of Programme Media, Implementation and Evaluation.
- 5.3 Use of Group Work in Various Settings: Hospital, School, Correctional, Rehabilitation Centers, Family Welfare Agencies and Industrial settings.
- 5.4 Scope, Challenges and Limitations of Group Work Practice in Indian Settings.

Course Outcome: At the end of the program the student will know or be able to

1. Develop knowledge and skills about group work.
2. build capacity to deal with group in various settings, including developmental and therapeutic work.
3. Facilitating analytical capacity to use and evaluate group work in social work practice.
4. Develop skills of working with groups as an effective method of social work intervention
5. Acquire various technique of Social Group Work

Assignments:

1. Group Activity: Group PPT on Social Group Work
2. Group Activity: Poster/Chart on Group work Process
3. Group Activity: Group Presentation on Social Group Work Practice in Different Settings
4. Write a short essay on Use of Programme Media
5. Group Activity: Role play

Suggested Readings:

Tosel and and Ronald (2017) An Introduction to Group Work Practice

Siddiqui, H.Y. (2008). Group work: Theories and practices. Rawat Publication.

Mishra, P.D. (2021). Social group work: Handbook on theories and practice. Notion Press.

Lindsay, T. & Orton, S. (2014). Group work practice in social work. Learning Matters.

Trecker, H. B. (1955), Social Group Work- Principles and Practices, Association Press, New York.

Joseph, Helen (1997), „Social work with groups: A literature review ‘, Indian Journal of Social Work, Vol. 58.2.

Giacomucci, S. (2021). Social work, sociometry, and psychodrama: Experiential approaches for group therapists, community leaders, and social workers. Springer, Nature Singapore Pte Ltd.

Barnes, B., Ernst, S., & Hyde, K. (2017). An introduction to groupwork: A group-analytic perspective. Bloomsbury Publishing.

Cohen, E. G., & Lotan, R. A. (2014). Designing groupwork: strategies for the heterogeneous classroom third edition. Teachers College Press.

Douglas, T. (1993). A theory of groupwork practice. Bloomsbury Publishing.

Douglas, T. (2002). Basic groupwork. Routledge.

Mullender, A., Ward, D., & Fleming, J. (2013). Empowerment in action: Self-directed groupwork. Bloomsbury Publishing.

Northen, H., & Kurland, R. (2001). Social work with groups. Columbia University Press.

Pelech, W., Lee, C. D., Basso, R., & Gandarilla, M. (2016). Inclusive group work. Oxford University Press.

Preston-Shoot, M. (2007). Effective group work. Palgrave Macmillan.

Tajfel, H. (Ed.). (2010). Social identity and intergroup relations (Vol. 7). Cambridge University Press.

Thompson, S. (1999). The group context. London: Jessica Kingsley Publishers.

Master of Social Work
SWP-106-V
Community organization and Community Development

L T P
4 0 0

I.A.: 25 Marks
Theory: 75 Marks
Max. Marks: 100
Total Credits: 4

Course Objectives:

1. To Understand the concept and perspectives of community in social work practice.
2. To acquire various technique of Social Group Work Develop a critical understanding of power relation and power structure in community.
3. To acquire various technique of Social Group Work Develop understanding of community organization as a method of social work.
4. To acquire various technique of Social Group Work Develop key skills and capacities in student about Community level social work intervention.
5. To acquire various technique of Social Group Work Articulate functions and roles of community organizer.

Course Outline:

Unit-I: Community and Community Organization an Introduction

- 1.1** Community in a social work perspective: sociological definition and features of community; place-based community and non-place-based community; Neighborhood
- 1.2** Community as a Social System., Rural, urban and tribal community: Features and Issues, Conflict and power in community organization:
- 1.3** Meaning and Type of Power; Concept and Forms of Community Power structure; its relevance and use in Community Organization, Basics concept and features:
- 1.4** Community Work, Community Practice and Community Development

Unit-II: Concepts and Process of Community Organization

- 2.1** Community organization: Meaning, Objectives, Component Principles and
- 2.2** Historical Development., Process of community organization: Integration;
- 2.3** Community study; Issue identification and analysis; neighborhood meetings; Develop an action plan;
- 2.4** Resource Mobilization, Implementation of action plan; Evaluation and reflection; Phase Out and Follow up.

Unit-III: Approaches, Models skills and Role of Community Organization

- 3.1** Approaches and models of community organization: Jack Rothman, M. G. Ross, Bidels and Paul Alinsky.
- 3.2** Skills of community organizer: Relationship Skills; Problem-solving skills; Political skills; Professional skills; and use of self.,

3.3 Roles of community organizer: Guide, Educator, enabler, expert; social therapist, catalyst; facilitator, broker, negotiator, advocate and evaluator.

Unit-IV: Participatory Techniques in Community Organization

4.1 Use of PRA, PLA; Stakeholder analysis and strategic planning; Limitations of participatory methods.,

4.2 Use of ICT in community practice,

4.3 Techniques in community practices-forced field analysis,

4.4 program evaluation and review techniques, nominal group techniques,

Unit V: Strategies in Community Organization

5.1 Gender sensitive community work

5.2 Different ideological perspective towards community work.

5.3 Strategies: Consensus, Collaboration, Conflict Resolution, Negotiation,

5.4 Networking, Bargaining, channeling, Funneling, Pressure Groups

Assignments:

1. Write a short essay on Communities in India: pick any one
2. Group Activity: Group Presentation on Community organizer
3. Group Activity: Group PPT on PRA
4. Group Activity: Street play on Gender issue
5. Write article on Role of Community Organizer

6. Course Outcome: At the end of the program the student will know or be able to

1.Understand the concept and perspectives of community in social work practice.

2. Develop a critical understanding of power relation and power structure in community.

3. Develop understanding of community organization as a method of social work.

4. Develop key skills and capacities in student about Community level social work intervention.

5. Articulate functions and roles of community organizer.

Suggested Readings:

Gangrade, K. D. (1997): Community Organization in India, New Delhi: Popular Prakashan

Siddiqui, H. Y. (2006): Working with Communities, New Delhi: Hira Publication.

Narayanaswamy N (2009), Participatory Rural Appraisal, Principles, Methods and Application. Sage, New Delhi

Narayanaswamy N and M.P. Boraian (2005), Participatory Rural Appraisal: Experience of NGOs in South India. (Cal no.: 361.3709548 N16P)

Asha Ramagonda Patil (2012), Community Organization and Development: An Indian Perspective, Prentice Hall India Learning Pvt. Ltd.

Atlas, J (2010), Seeds of Change: The Story of ACORN, America's Most Controversial Antipoverty Community Organizing Group, Vanderbilt University Press.

Sen, R & Klein K (2003), Stir It Up: Lessons in Community Organizing and Advocacy, Jossey-Bass.

Kuyek, J (2011), Community Organizing: A Holistic Approach, Fernwood Publishing

Sen, R. (2003). Stir it up: Lessons in community organizing and advocacy. John Wiley & Sons.

Master of Social Work

SWP-108-V

Human Rights, Social Justice and Social Legislations

L T P
4 0 0

I.A.: 25 Marks
Theory: 75 Marks

Max. Marks: 100
Total Credits: 4

Course Objectives:

1. To develop an understanding of the concepts of human rights and duties, and their evolution in the global and Indian context.
2. To develop an understanding of human right in Indian Constitution
3. To develop Understanding on Human Right based Social Work interventions
4. To sensitize students for the application of human rights to the various practice domains of the profession
5. To understand Social Justice in Indian Context

Course Outline:

Unit I: Historical and theoretical understanding of Human Rights

- 1.1 Rights: concept and classification and Conceptual understanding of Human Rights
- 1.2 Key Theories on Human Rights: Natural Right Theory, Legal Positivist Theory, Liberal Theory, Marxist Theory
- 1.3 Forms of Human Rights Violations: Racial Discrimination, Torture, Discrimination, and violence against women and children, Status of Refugees
- 1.4 International Human Rights Movements; Relevance of Human Rights study in the contemporary world

Unit II: International Human Rights Standards

- 2.1 United Nations: United Nations Charter
- 2.2 Universal Declaration of Human Rights
- 2.3 International Covenant on Civil and Political Rights 1986
- 2.4 International Covenant on Economic, Social and Cultural Rights 1966

Unit III: Protection and Enforcement of Human Rights and Duties in Bharat

- 3.1 Evolution of Human Rights in India; Constitution of India – Preamble, Fundamental Rights, Directive Principles of state policy and Fundamental Duties

3.2 Role of Judiciary –Public Interest Litigation, Suo Moto Writ Petitions, Human Rights Courts

3.3 Role of National Human Rights Commission and State Human Rights Commission

3.4 Role of Non-Government Organization and Human Rights Movements

Unit IV: Justice System and Human Rights in India

4.1 Human Rights and Criminal Justice System

4.2 Administration of the criminal justice system

4.3 Types of Courts and their Jurisdiction – Magistrate’s Court, Sessions Court, High Court, Supreme Court, Special Courts

4.4 Theories of Punishment – deterrent, retributive, preventive, reformative

Unit V: Social Justice & Social Legislations

5.1 Social Justice: Concept, Definitions, Scope and issues

5.2 Social Legislation: Concept, Definitions, Scope and issues

5.3 Relationship of Social Justice with Social Legislation

5.4 Social Legislation for Women and children in Bharat

Assignments:

1. Group Activity on theories of Human Rights
2. Group Activity on Human Rights Day
3. Case Study on PIL: Readings and Presentation
4. Create PPT on Theories of punishment
5. Write an essay on issues of Social Change in Bharat

Course Outcomes: The learner shall be able to:

1. Able to clearly understand the concepts and evolution of human rights and duties both in the global and Indian context
2. Able to develop an understanding of human right in Indian Constitution
3. Able to aware for the application of human rights to the various practice domains of the profession
4. Able to understand Human Right based Social Work interventions
5. Able to understand Social Justice in Indian Context

Suggested Readings:

1. SAHRDC. (2006). Introducing Human Rights. New Delhi: South Asia Human Rights Documentation Centre.
2. Macfarlane, L.J. (1985). The Theory and Practice of Human Rights. London: Maurice Temple Smith.

3. Waldron, J. (Ed.) (1984). *Theories of Rights*. Oxford: Oxford University Press.
4. Finnis, J. (1980). *Natural Law and Natural Rights*. Oxford: Clarendon Press.
5. Vijapur, A.P. (Ed.) (1991). *Essays on International Human Rights*. New Delhi: South Asian Publishers.
6. Mishra, P. (Ed.) (2000). *Human Rights: Global Issues*. Delhi: Kalpaz Publications.
7. Clapham, A. (2000). *Human Rights: A Very Short Introduction*. 2nd Edition. Oxford: Oxford University Press
8. Mohanti, M. (1998). *Peoples Rights*. New Delhi: Sage Publications.
9. Bava, N. (Ed.) (2000). *Human Rights and Criminal Justice Administration in India*. New Delhi: Uppal Publishing House.
10. Matthew, P.D. (1998). *Legal Education Series*. Delhi: Indian Social Institute

Master of Social Work
SWP-110-V
Concurrent Field Work Practice - II

L T P
0 0 12

I.A.: 35 Marks
Practical: 115 Marks

Max. Marks: 150
Total Credits: 6

Nature of Placement

The students are to be placed with organizations which are working with urban, semi-urban or rural communities located in and around Delhi NCR, Faridabad.

Field Work Objectives

1. Developing an understanding of the agency and the issues that it addresses
2. Getting an orientation to the community, its needs and problems
3. Initiating groups/basic nucleus in the community for addressing some of these needs and problems and identify individuals/families that may require exclusive and intensive intervention
4. Locating internal/external resources that can be used for addressing community needs.
5. Developing an ability to record and use supervision for professional growth
6. Getting oriented to professional ethics and values

Tasks for Field Work

1. Developing an agency profile which would inter-alia include the organizational genesis, ideological orientation, programmes and policies, and roles and functions of various functionaries in the agency.
2. Collecting information on opportunities for education, health, employment etc. available in and around the community and their access to different population groups within the community and the reasons. Mapping of the community resources.
3. Utilizing various methods and techniques of social work as far as possible
4. Beginning to form a core group/basic nucleus of children/youth/women/ men for addressing one or more of the concerns identified above and introducing a process of self-help.
5. Identifying formal and informal leaders from within the community and maintaining regular liaison with them
6. Learning and Working with agency.
7. Relating theory with practice

Components of Field Work:

- Concurrent Field Work twice a week
- Individual Conferences and Group Conferences
- Weekly report submission

Master of Social Work
SWP-112-V
Rural Educational Camp

L T P
0 0 4

I.A.: 15 Marks
Practical: 35 Marks

Max. Marks: 50
Total Credits: 2

Course objectives:

1. To provide exposure of realities of life in rural and semi-rural areas
2. To understand the rural social system, its culture, and livelihood patterns
3. To understand the geographical, economic and political features, needs and problems of rural Community
4. To observe living conditions, housing, water supply and other amenities in rural areas
5. To sharpen the Skills of rapport formation, situational analysis and awareness generation

Description

During Semester II of the course, the department would organize a residential rural camp for 7-10 days duration in rural or semi-rural areas. Every student is expected to attend it as a part of course requirement. The organizing of rural camp would acquaint the students with rural scenario, living conditions, problems and issues of rural society. The camp would be planned to provide ample opportunities for students to fine tune their interpersonal relationship Skills through the Process of group dynamics and achieve a harmonious blend of learning and work.

Note: Though it is proposed that camp will be organized in 2ndSem, however, based on the local conditions, the camp can be organized during the period of the course.

Course Outcome: At the end of the program the student will know or be

1. Able to be acquainted with rural and urban scenario and their socio-economic aspects
2. Able to be familiarized with group dynamics and power structures in a rural Community
3. Able to hone Skills of rapport formation, situational analysis and awareness generation through stimulating group living
4. Able to acquire and develop attitudes helpful for effective team work
5. Able to learning the Skills and art of organizing and managing activities and events relating to camp

SEMESTER-III

Master of Social Work

SWP-201-V

Social Work Research and Statistics

L T P
4 0 0
Total Credits: 4

I.A.: 25 Marks
Theory: 75 Marks
Max. Marks: 100

Course Objective:

1. To understand meaning, scope and importance of social work research
2. To understand about the application of methods in the study of social phenomenon
3. To impart knowledge in the learners about methods, techniques and scientific process of social work research
4. To acquire the skills for preparation of research proposals, data analysis and report writing
5. To develop competence in conceptualizing, designing and implementing research using quantitative and qualitative paradigms and techniques.

Unit I Concept of Research and Theoretical Perspective

- 1.1 Concept of Research: Social Research: Meaning, Objectives and Scope
- 1.2 Scientific Method: Concept & Characteristics, Distinction between Social Research & Social Work Research,
- 1.3 Types of Research: Quantitative, Qualitative and Mixed
- 1.4 Steps in Social Work Research

Unit II Research Design & Ethics

- 2.1 Research Design: Meaning & Types,
- 2.2 Hypotheses: Meaning & Types
- 2.3 Literature Review: meaning, importance and writing
- 2.4 Ethics in Social Work Research

Unit III Data Management: Collection and Analysis

- 3.1 Sources of Data Collection: Primary & Secondary, Methods of Data Collection: Observation & Interview, Tools of Data Collection: Interview Schedule, Questionnaire,
- 3.2 Methods and tools of qualitative data collection: Case study, Interviews, Focus group discussion and observation
- 3.3 Attitudinal Scales (Bogardus, Likert & other Sociometric Scale)
- 3.4 Sampling: Meaning & Types, determination of sample size, sampling error and non-sampling error, limitations of sampling

Unit IV Basic Statistics

- 4.1 Measures of Central Tendency: meaning, uses, and computation of mean, median and mode.
- 4.2 Correlation-meaning, assumption, uses, computation and interpretation of product moment and rank difference correlation
- 4.3 standard deviation and average deviation

4.4 Dispersion: meaning, assumptions, uses and computation of range

Unit V Presentation and Technology

- 5.1 Classification, Tabulation and Diagrammatic and Graphic presentation of data
- 5.2 Writing research reports: Presentation and styles of referencing, citing and paraphrasing
- 5.3 Computer for Data Processing, Basics of MS Word and MS Excel.
- 5.4 Basics of SPSS, NVivo and its use in Social Work Research.

Suggested Assignments:

1. Social Research
2. Group Activity: Group PPT on Social Work Research Methodology
3. Write short note describing sampling
4. Prepare tool for any topic and collect data
5. Prepare a report on Data analyzed

Course Outcome: At the end of the program the student will know or be

1. Able to understand meaning, scope and importance of social work research
2. Able to understand about the application of methods in the study of social phenomenon
3. Able to impart knowledge in the learners about methods, techniques and scientific process of social work research
4. Able to acquire the skills for preparation of research proposals, data analysis and report writing
5. Able to develop competence in conceptualizing, designing and implementing research using quantitative and qualitative paradigms and techniques.

Suggested Readings:

- Black, J. and Champion, D. (1976). Methods and Issues in Social Research. New York, N.Y.: Wiley.
- Bryman ,Alan (2016), Social Research Methods. 5th Edition. London: Oxford University Press.
- Cook, Thomas D Cook and Reichardt, eds (1979). Qualitative and Quantitative Methods in Evaluation Research. CA:Sage
- Creswell, J W (1994). Research Design: Qualitative and Quantitative Approaches.CA: Sage Publications.
- Denzin, N.K. and Lincoln, Y.S. Eds (2017). The Sage Handbook of Qualitative Research. Sage
- Gupta, S.C., (2012), Fundamentals of Statistics, 7th revised ed., Himalaya Publishing House, New Delhi.
- Kerlinger, F. (1986). Foundations of Behavioral Research. New York: Holt, Rinehart and Winston.
- Kothari, C. R.,(2004) , Research Methodology –Methods and Techniques, 2nded.,
- Kumar, R., (2006), Research Methodology, 2nd ed., Pearson Education, New Delhi.
- Laldas, D. K., (2000), Practice of Social Research, Rawat Publication, New Age International (P) Ltd., New Delhi.
- Neuman, W. L. (2014). Social Research Methods- Qualitative and Quantitative Approach. 7th Edition. New Delhi: Pearson Education India

Master of Social Work

SWP-203-V

Social Welfare Administration

L T P
4 0 0

Total Credits: 4

I.A.: 25 Marks
Theory: 75 Marks
Max. Marks: 100

Course Objective:

1. To understand meaning, scope and importance of Social Welfare Administration
2. To understand about the Welfare and Development Organizations
3. To Learn about the Social Welfare Administration in India
4. To Understand theoretical perspectives of Social Administration
5. To Understand step and processes of Project Planning and Evaluation

Unit I Foundation of Social Welfare Administration

- 1.1 Social Welfare Administration: Concept, Scope, Need and Objectives
- 1.2 Social Welfare Administration and Related Concepts: Social Service Administration, Social Security Administration, Public Administration.
- 1.3 Basic Administration Process: POSDCORB
- 1.4 Additional Administration Process: Supervising, Accounting, Decision Making, Monitoring and Evaluation

Unit II Welfare and Development Organizations

- 2.1 Welfare and Development Organizations: Nature, Forms and Roles,
- 2.2 Registration of Welfare and Development Organizations,
- 2.3 Laws Relating to Societies, Trusts and Non-Profit Organizations.
- 2.4 Recent Trends in Welfare Administration: Parallel structures like – UNICEF, UNDP, Oxfam, UNFPA.

Unit III Social Welfare Administration in India

- 3.1 Social Welfare Administration at the Central Level: Structure, Roles and Functions,
- 3.2 Jurisdiction of the central Ministry of Social Justice and Empowerment; Ministry of Tribal Affairs; Ministry of Women and Child development.
- 3.3 Central Social Welfare Board: its jurisdiction; structure & Functioning;
- 3.4 Welfare services to vulnerable groups such as Women, children, aged, persons with disability and SCs & STs.

Unit IV Social Administration

- 4.1 Approaches to social administration: Weberian, classical, behaviour, systems, structural and functional.
- 4.2 Technology in communication: models of e-governance.
- 4.3 Public relations and mass media: Meaning, importance and methods.
- 4.4 Problems of voluntary organizations/NGOs and remedies.

Unit V Project Planning and Evaluation

- 5.1 Project: Meaning, Objectives, Components, Types; Coverage, Outlines and Process.
- 5.2 Steps in Project Formulation and Reporting;
- 5.3 Demand Forecasting and Feasibility Study; Project Execution.
- 5.4 Project Monitoring and Evaluation Mid-term, Ex-post; Evaluation and its importance.

Suggested Assignments:

1. Create a PPT on SWA as Method of Social Work
2. Group Activity: Group presentation on Any UN agency
3. Prepare an essay on Indian Govt. welfare bodies
4. Organize a discussion on NGOs and contemporary India
5. Prepare a dummy project for the vulnerable groups

Course Outcome: At the end of the program the student will know or be

1. Able to understand meaning, scope and importance of Social Welfare Administration
2. Able to understand about the Welfare and Development Organizations
3. Able to impart knowledge in the learners about the Social Welfare Administration in India
4. Able to acquire the skills for preparation of research proposals, data analysis and report writing
5. Able to develop competence in conceptualizing, designing and implementing Project including Planning and Evaluation.

Suggested Readings:

- Goel, B B (2018), Project Management Principles and Techniques ISBN: 8171007880 Deep and Deep Publication, New Delhi
- Patti, R. J. (2008). The handbook of human service management. Sage Publications.
- Bhattacharya, S. (2006). Social work administration & development. New Delhi: Rawat Publications
- Palekar, S. A. (2012). Development administration. Phi Publications
- Skidmore, R. A. (1994). Social work administration: dynamic management and human relationships. Pearson Education.
- Chandra, S. (2001). Non-governmental organizations: structure, relevance and function. New Delhi: Kanishka Publishers
- Lewis, J. A., Lewis, M. D., & Others (2000). Management of human service programs. Pacific Grove, CA.: Books/Coles.
- Kaushik, A. (2013). Welfare and development administration in India. New Delhi: Global Vision Publishing House
- Pynes, J .E . (2004.) Human resources management for public and non-profit organizations. Jossey-Bass.
- Padaki, V., & Vaz, M. (2004). Management development and non-profit organizations. New Delhi: SAGE
- Brody, R. (2004). Effectively managing human service organizations. Sage Publications.
- Dadrawala, N. H. (2004). The art of successful fund raising. New Delhi: CAP
- Netting, F . E., & O'Connor, M .K . (2002). Organization practice: A social worker's guide to understanding human services. Allyn & Bacon.
- Kettner, P .M ., M oroney, R .M ., & M artin, L .L . (2017). Designing and managing programs: an effectiveness-based approach (5th Edn). Sage

Master of Social Work

SWP-205-V

Social Action and Social Movements

I.A.: 25 Marks

Theory: 75 Marks

Max. Marks: 100

L T P

4 0 0

Total Credits: 4

Course Objective:

1. To understand social action as a method in social work
2. To develop competencies in using social action.
3. To learn an overview of social action and social movements
4. To understand the nature and typology of Social movements
5. To understand various Social actions in practice

Course Outline:

Unit I Social Action: Concept and techniques

- 1.1 Concept, Objectives and Principles of social action; Social action as a method of social work intervention,
- 1.2 Social Protests, Collective Action, Advocacy, Propaganda, Narrative building, channelling, Lobbying and Networking
- 1.3 History and evolution of social action in India
- 1.4 Context and triggers in social action; Pressure groups, non -party political formations

Unit II Ideologies of Social Action

- 2.1 Ideology and Social Action
- 2.2 Social action Approaches: Non-Violence, Radical,
- 2.3 Anti-oppressive and Emancipatory social work,
- 2.4 Social Action in Community Organization: Processes and Steps.

Unit III Social Movements

- 3.1 Ideology, Theory and Participation
- 3.2 Types of Movements: identity, political assertion and autonomy;
- 3.3 Movement Analysis-Ideology, Structure, leadership, processes and outcomes
- 3.4 Movement participation and non -participation media and mass mobilization

Unit IV Social Movements: Nature and Typology

- 4.1 Mapping radical action and radical movement for social change
- 4.2 Social Movements: Old and New (Peasant Movements, Environmental Movements, Statehood Movements, Religious/New Religious Movements, LGBTQ+ Movement)
- 4.3 Development Issues in India: Civil duties, Family values, Environment, Social Solidarity, Self: removal of colonial mindset
- 4.4 Tools of Social Action - RTI, PIL, Advocacy, Networking, etc.

Unit V Social action in practice

- 5.1 Brahmo Samaj, Satyashodhak Samaj, Satyagraha of Gandhi,

- 5.2 The annihilator of caste: Ambedkar, The indigenous socialist: Rammanohar Lohia. Sampoorna Kranti.
- 5.3 Peasant, tribal and labour movements, Bhoodan, Chipko Movement, Narmada Bachao Samgra Gram Vikas, Feminist movements, Anna Hazare movement against corruption.
- 5.4 Global perspective on movements: May 1968, Anti-Nuclear Movement, Occupy Wall Street

Suggested Assignments:

1. Prepare a PPT on ‘Breaking a Propaganda’
2. Group Activity: Group PPT on any Ideology of social action
3. Write an essay on Social Movements
4. Prepare a programme media on development issues in India
5. Prepare Nukkad Natak on any historical Social Movement

Course Outcome: At the end of the program the student will know or be

1. Able to understand social action as a method in social work
2. Able to develop competencies in using social action.
3. Able to learn an overview of social action and social movements
4. Able to understand the nature and typology of Social Movements
5. Able to understand various Social actions in practice

Suggested Readings:

- Siddiqui, H Y (Ed.) (1984), Social Work and Social Action, Harnam Publications, Delhi
- Das Gupta, Sugata, (1987), “Social Action” in Encyclopaedia of Social Work in India, Vol. 3, Publications Division, Delhi
- Freire, Paulo (1972), Pedagogy of the Oppressed, Penguin, Middlesex.
- Guha, Ramchandra (2012), Makers of Modern India, Penguin Books, New Delhi.
- Khinduka, S.K. and Bernad J. Coughlin (1975), “A Conceptualisation of Social Action”, Social Service Review, 49 No. 1, March, 1975.
- Kumar H. (1995), Theories in Social Work Practice, Friends Publication (India), Delhi.
- Kushwaha, M. (2017), Gender Issues in Education, Ganga Saran & Grand Sons, Varanasi.
- Paull, Joseph E., (1971), “Social Action for a Different Decade”, Social Service Reivew, 45, No. 1, March 1971.

Master of Social Work

SWP-207-V

HRM- Human Resource Management and Industrial Relation

L T P
4 0 0
Total Credits: 4

I.A.: 25 Marks
Theory: 75 Marks
Max. Marks: 100

Course Objective:

1. To develop an understanding of management theories and approaches.
2. To gain insight into perspectives of Human Resource (HR) Management.
3. To understand the responsibilities and functions of HR managers.
4. To build insights on current trends in Organizational Behaviour.
5. To learn the methodology for planning and formulating projects using the Logical Framework.

Unit I Introduction to HRM

- 1.1 Human Resource Management: meaning, definition, objectives, scope and significance.
- 1.2 Difference between personnel Management, Human Resource Management and Human Resource Development.
- 1.3 Functions of Human Resource Management. Motivation & Performance Management
- 1.4 Recent trends of Human Resource Management and challenges in India.

Unit II Human Resource Planning

- 2.1 Human Resource Planning: definition, objectives, need and importance.
- 2.2 Levels of Human Resource Planning.
- 2.3 Recruitment: meaning, definition, process, sources, methods and techniques, Selection: meaning, definition and its process.
- 2.4 Psychological Tests, Interview, Induction, Placements, Promotion, Demotion.

Unit III Industrial Relations

- 3.1 Industrial Relations: concept, scope, objectives, importance and its Approaches.
- 3.2 Trade Union: meaning, types, theories, historical development of Trade Union Movement in India
- 3.3 Role of trade unions in industrial relation.
- 3.4 Industrial democracy: meaning, definition, features, objectives, significance, Collective Bargaining: meaning, objective and process.

Unit IV Organizational Behaviour

- 4.1 Organizational Behaviour (OB) : approaches, scope and models
- 4.2 Job Satisfaction, Stress and Monotony
- 4.3 Role of Reinforcement and Punishment (Motivation and Organizational Reward System)

4.4 Organization Development (OD): Concept, Emerging Approaches And Techniques, Foundations of OD, Organizational Diagnosis

Unit V Legal Base for HRM and IR

5.1 Factories Act, 1948, Contract Labour Act, 1970 ; Trade Union Act, 1926

5.2 Industrial Dispute Act, 1947 Misconduct: Domestic enquiry and disciplinary action, Labour Code

5.3 Legislations related to Wages – Code on Wages Act 2017 (Minimum Wages Act, 1948; Payment of Wages Act, 1936; Equal Remuneration Act, 1976 , Payment of Bonus Act, 1965)

5.4 Sexual Harassment at Work Place, Act, 2013 • Workmen's' Compensation Act, ESI Act, 1948 and Maternity Benefit Act, 1961.

Suggested Assignments:

1. Case studies on Industrial dispute or other issue
2. Group Activity: Group PPT on Labour Code
3. Write short note describing OB
4. Prepare Training calendar for Social Worker
5. Prepare an essay on Trade Union

Course Outcome: At the end of the program the student will know or be able

1. To develop an understanding of management theories and approaches.
2. To gain insight into perspectives of Human Resource (HR) Management
3. To understand the responsibilities and functions of HR managers
4. To build insights on current trends in Organizational Behaviour.
5. To learn the methodology for planning and formulating projects using the Logical Framework

Suggested Readings:

- Armstrong, M., Taylor, S. (2017). A handbook of human resource management practice (14th ed.). London: Kogan Page.
- Daft, R. L. (2016). Organization: Theory and design (12th ed.). Mason, Ohio,USA: Cengage Learning
- Robbins, S. P., Judge, T. A., Millet, B., & Boyle, M. (2013). Organizational behaviour, (7th). Australia: Pearson
- Mathis, R. L., Jackson, J. H., Valentine, S. R., & Maglich, P. A. (2016). Human resource management, (15th ed.). Boston, USA: Cengage Learning
- Silvera, D. M. (1990). Human resource management: The Indian experience. New Delhi: New India Publications.
- Bhousle, Y.B. 1977. Personnel Management: the Indian scene. New Delhi: Sultan Chand And Company.
- Chatterjee, B. 1999. Human Resource Management: A contemporary text. New Delhi: Sterling Publishers Pvt. Ltd.
- Dale, S. Beach. 1975. Personnel – the Management of people at work. New York: Mc Milan Publishers.
- Dwivedi, R.S. 1982. Management of Human Resources. New Delhi: Oxford & IBH Publishing Company.

Master of Social Work

SWP-209-V

CD- Rural Community Development

L T P
4 0 0

Total Credits: 4

I.A.: 25 Marks
Theory: 75 Marks
Max. Marks: 100

Course Objective:

1. To develop an understanding of Community Development and approaches
2. To understand the Rural Community and Rural infrastructure.
3. To build insights on Rural Economy, Rural Problems, and Social Change
4. To Understand the Rural Community Development
5. To learn about various Rural Development Policies and Programmes

Course Outline:

Unit I Introduction to Community Development

- 1.1 Introduction to Community Development: Concept, values, objectives, principles and outcome of community development.
- 1.2 Process of community development: Exploratory stage, discussion stage, organizational stage, activity stage, evaluation stage and continuation stage.
- 1.3 Approaches to Community Development: Meaning of need-based community development and asset-based community development.
- 1.4 Gandhian philosophy to community development: Constructive Programmes, Gram Swaraj, Decentralization, Khadi, Trusteeship, Sarvodaya and Cooperative.

Unit II Understanding Rural Community

- 2.1 Rural Community: definition, features and Characteristics.
- 2.2 Rural Infrastructure, Health and Education, Sanitation
- 2.3 Traditional village organizations; Panchayat, caste panchayat, Khap panchayat and informal justice system in rural communities.
- 2.4 Community Power Structure: leadership in Indian villages: factors influencing leadership and changing patterns of leadership in Indian villages.

Unit III Rural Economy, Rural Problems, and Social Change

- 3.1 Indian Rural Economy; Rural Industries: Cottage and Village Industries; Agriculture; Agrarian Crisis & Movements
- 3.2 Pre and Post-Independence: Land System in India; Land Reforms
- 3.3 Rural Livelihood; Microfinance and Microcredit;
- 3.4 Rural Social Problems: Migration, Farmer's Suicides, Human Trafficking, Women and Child Labour, Bonded Labour, Unemployment and Indebtedness.

Unit IV Rural Community Development

- 4.1 Rural Community Development: concept, nature, assumptions, history, philosophy and approaches: target group oriented, area based, integrated rural development.
- 4.2 Rural Development: concept, meaning, approach and issues related to rural development.
- 4.3 Governance and Administration in Rural Bharat with special focus on Panchayati Raj Institutions: Balwant Rai Mehta Committee and Ashok Mehta Committee reports, 73rd Constitutional Amendment.
- 4.4 Communication for Change, Communication and education as tools to empower rural poor. Social Advocacy and Social Audit.

Unit V Rural Development Policies and Programmes

- 5.1 Rural Development in SDG and Macro-Economic Policy Contexts
- 5.2 Rural Policies and Programmes, Objectives, Implementation and Evaluation with regard to Agriculture (National Mission on Sustainable Agriculture), Forests (FRA), NRLM/ SRLM
- 5.3 Land Reforms and Land acquisition (LAAR Act): Overview and Contemporary Concerns
- 5.4 Cooperatives, Micro Credit and Micro Enterprise Development Scope, Role and Skills of Community Development Workers in Rural Settings

Suggested Assignments:

1. Written assignment on Community Development
2. Group Activity: Group PPT Rural community
3. Street play on Rural Problems, and Social Change
4. Prepare Poster on Rural Community Development
5. Prepare an essay on Rural Development Policies and Programmes

Course Outcome: At the end of the program the student will know or be able

1. To develop an understanding of Community Development and approaches
2. To understand the Rural Community and Rural infrastructure.
3. To build insights on Rural Economy, Rural Problems, and Social Change
4. To understand the Rural Community Development
5. To learn about various Rural Development Policies and Programmes

Suggested Readings:

- Harriss, J. (2017). *Rural development: Theories of peasant economy and agrarian change*. Jaipur: Rawat.
- Brahmanandam, T. (ed.) (2018). *Dalit issues: Caste and class interface*. Jaipur: Rawat
- Sisodia, Y.S., & Dalapati, T. K. (Eds.) (2015). *Development and discontent in tribal India*. Jaipur: Rawat.
- Maddick, H. (2018). *Panchayati raj: A study of rural local Government in India*. Jaipur: Rawat.
- Jana, A . K. (Ed.) (2015). *Decentralizing rural governance and development: Perspectives, ideas and experiences*. Jaipur: Rawat.
- Desai, V. (2012). *Rural development in India*. Himalaya Publishing House, Mumbai.
- Deshingkar, P ., & F arrington, J .(2009). *Circular migration and multilocational livelihood strategies in rural India*. New Delhi: Oxford University Press.
- Deshpande, R. S., & Arora, S. (2010). *Agrarian crisis and farmer suicides*. New Delhi: Sage Publications.
- Padel, F ., & D as, S .(2010). *Out of this earth: East India Adivasis and the aluminium cartel*. Orient Blackswan.
- Raman, V . (2010). *The warp and the weft: Community and gender identity among Banaras weavers*. New Delhi: Routledge
- Gupta, K.R. 2010. *Rural Development in India* (Vol. 1-4), New Delhi: Atlantic Publishing and Distributors Pvt. Ltd

Master of Social Work

SWP-211-V

Concurrent Field Work Practice - III

L T P

0 0 12

Total Credits: 6

I.A.: 35 Marks

Theory: 115 Marks

Max. Marks: 150

Nature of Placement

The students are to be placed with organizations which are working with urban, semi-urban or rural communities located in and around Delhi NCR, Faridabad.

Field Work Objectives

1. Developing an understanding of the agency and the issues that it addresses
2. Getting an orientation to the community, its needs and problems
3. Initiating groups/basic nucleus in the community for addressing some of these needs and problems and identify individuals/families that may require exclusive and intensive intervention
4. Locating internal/external resources that can be used for addressing community needs.
5. Developing an ability to record and use supervision for professional growth
6. Getting oriented to professional ethics and values

Tasks for Field Work

1. Developing an agency profile which would inter-alia include the organizational genesis, ideological orientation, programmes and policies, and roles and functions of various functionaries in the agency.
2. Collecting information on opportunities for education, health, employment etc. available in and around the community and their access to different population groups within the community and the reasons. Mapping of the community resources.
3. Utilizing various methods and techniques of social work as far as possible
4. Beginning to form a core group/basic nucleus of children/youth/women/ men for addressing one or more of the concerns identified above and introducing a process of self-help.
5. Identifying formal and informal leaders from within the community and maintaining regular liaison with them
6. Learning and Working with agency.
7. Relating theory with practice

Components of Field Work:

- Concurrent Field Work twice a week
- Individual Conferences and Group Conferences
- Weekly report submission

Master of Social Work

SWP-213-V

Dissertation

L T P
0 0 12
Total Credits: 6

I.A.: 35 Marks
Theory: 115 Marks
Max. Marks: 150

Course objectives:

1. To develop ability to initiate and conduct research
2. To develop research Skills of identifying and selecting a research area and preparing research proposal
3. To develop skills of doing literature review and steps of research methodology
4. To be familiarized with the process of data analysis and report writing,
5. To understand ethical considerations of research.

Course Outline:

Dissertation would be carried out by the students during 3rd semester of MSW. It would be conducted simultaneously with the concurrent field work. The dissertation would be based on primary data, however, dissertation based on secondary data could also be undertaken by the student with due consultation of the Research supervisor. The dissertation work would enable the student to develop a clear understanding of the research and different steps associated with it. The topic for dissertation would be chosen based on a student's own area of interest in consultation with the field work/research supervisor. The student would work with a Research work supervisor who would also provide guidance and support throughout the course of the research.

Course Outcome: At the end of the program the student will know or be

1. Able to understand how to initiate and conduct research
2. Able to understand research skills of identifying and selecting topic for research
3. Able to develop skill of doing literature review and data collection and accompanying drawbacks
4. Able to do data analysis and report writing
5. Able to understand ethics involved in research

The format for preparing framework for synopsis of the dissertation are:

- Identification of issue and development of proposal
- Literature review
- Objectives
- Research methodology (Universe, Sampling, Tool Preparation)
- Data collection
- Analysis and interpretation of data
- Report writing

The format for dissertation would be as per given below:

- The dissertation shall normally be of 50-75 pages with proper references and scientific organization.
- The dissertation is to be typed in Times New Roman, Font 12- and 1.5-line space.
- Dissertation should be submitted in spiral bound/soft bound copy in triplicate (one each for student, supervisor and department) in the concerned department.
- The references are to be written in the APA style.
- The responsibility for ensuring the originality of the dissertation is that of the student and the Research supervisor.

FORMAT OF THE FRONT PAGE

DISSERTATION TITLE

**Dissertation submitted to the Name of the Department/ College in partial fulfilment of the
requirements**

for the award of the degree of

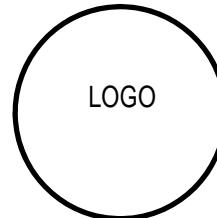
MASTER OF SOCIAL WORK

BY

(NAME OF THE STUDENT)

under the supervision of

(NAME OF THE RESEARCH SUPERVISOR)



Department of Communication and Media Technology

Discipline: Social Work

Name of the University Place

Year

FORMAT OF THE CERTIFICATE BY RESEARCHER

DATE: DD/MM/YYYY

DECLARATION

Certifying that the dissertation/ research report entitled, “*DISSERTATION TITLE*” submitted by me in partial fulfilment for the award of the Degree of MSW of this University has not been previously submitted for any other degree/diploma of this or any other University and is my original work.

(Name and Signature of the Student)

I recommend this dissertation be placed before the examiners for evaluation.

(Name and Signature of the Faculty Supervisor)

FORMAT OF THE CERTIFICATE BY RESEARCH SUPERVISOR

On the basis of the declaration submitted by Mr./Ms..... student of **MSW (Semester-III)**, year, I hereby certify that the dissertation titled “.....” which is being submitted to the..... in partial fulfilment of the requirement for the award of the degree of MSW, is an original contribution to existing knowledge and faithful record of research carried out by him/her under my guidance and supervision. To the best of my knowledge this work has not been submitted in part or full for the award of any Degree or Diploma to this University or elsewhere.

I consider this dissertation fit for submission and evaluation.

Signature and Name of the Supervisor

Date: DD/MM/YEAR

Place:

SEMESTER-IV

Master of Social Work

Social Policy and Planning SWP-202-V

L T P
4 0 0

I.A. :25 Marks
Theory:75 Marks
Max. Marks: 100

Total Credits:4

Time Allowed:3 Hours

COURSE OBJECTIVES

1. Understand the fundamental concepts, principles, and frameworks of social policy and planning.
2. Analyze the historical development and impact of social policies on various sectors.
3. Examine the role of key stakeholders, including government, NGOs, and international organizations, in policy formulation and implementation.
4. Develop skills in planning, monitoring, and evaluating social welfare programs.
5. Explore contemporary challenges and innovative approaches in social policy development.

Unit 1: Introduction to Social Policy

- 1.1 Definition, nature, and scope of social policy
- 1.2 Evolution and historical development of social policy in India and globally
- 1.3 Principles and objectives of social policy
- 1.4 Relationship between social policy and social development

Unit 2: Social Planning and Development

- 2.1 Concept, significance, and types of social planning
- 2.2 Approaches to social planning: Sectoral, regional, and integrated approaches
- 2.3 Role of key planning agencies: NITI Aayog, and local governance institutions
- 2.4 Policy analysis methods and impact assessment

Unit 3: Social Policies in Key Sectors

- 3.1 Education policy and major reforms
- 3.2 Health policies and national health programs
- 3.3 Employment, labour welfare policies, and social security measures
- 3.4 Housing, urban development, and rural welfare policies

Unit 4: Policy Implementation and Evaluation

- 4.1 Role of bureaucracy, political institutions, and civil society in policy implementation
- 4.2 Methods for monitoring and evaluating social policies and programs
- 4.3 Case studies of successful social policies and lessons learned
- 4.4 Key challenges in policy implementation: Corruption, resource allocation, governance issues

Unit 5: Emerging Trends and Future Directions in Social Policy

- 5.1 Globalization and its influence on social policy
- 5.2 Role of international organizations (UNDP, WHO, ILO, etc.) in social policy development
- 5.3 Digital transformation and the role of technology in policy-making
- 5.4 Innovations in social policy: Public-private partnerships, community-driven initiatives

Course Outcomes

1. Demonstrate an in-depth understanding of social policy frameworks and their applications.
2. Critically analyze the impact of social policies on different population groups.
3. Evaluate the role of social workers and policymakers in shaping and implementing social policies.
4. Apply strategic planning and evaluation techniques to social welfare programs.
5. Identify challenges and propose innovative solutions for improving social policy outcomes.

Assignments and Activities

6. **Policy Analysis:** A detailed evaluation of NEP 2020 and National Health policy and its impact.
7. **Case Study:** A study on a successful policy implementation at the national or international level.
8. **Policy Proposal:** Development of a proposal for a new social policy addressing a critical issue.
9. **Group Presentation:** Discussion on contemporary challenges in social policy and planning.
10. **Field Research (Optional):** Interaction with policymakers or visits to social welfare organizations.

Suggested Readings and Web Resources

- Mishra, R. (1999). *Globalization and the Welfare State*. Edward Elgar Publishing.
- Titmuss, R. M. (1974). *Social Policy: An Introduction*. George Allen & Unwin.
- Ministry of Social Justice and Empowerment, Government of India:
<https://socialjustice.gov.in/>
- United Nations Development Programme (UNDP): <https://www.undp.org/>
- National Institute of Social Defence (NISD): <http://www.nisd.gov.in/>

Master of Social Work

Mental Health and Wellbeing

SWP-204-V

I T P

4 0 0

I.A. :25Marks

Theory:75Marks

Total Credits:4

Max. Marks: 100

Time Allowed:3 Hours

Course Objectives

1. Understand the key concepts, theories, and determinants of mental health and wellbeing.
2. Analyse the impact of social, cultural, and environmental factors on mental health.
3. Examine mental health policies, legal frameworks, and support systems at the national and global levels.
4. Develop skills to assess mental health issues and implement intervention strategies.
5. Explore innovative approaches and holistic practices for promoting mental wellbeing.

Unit 1: Introduction to Mental Health and Wellbeing

- 1.1 Concept and definition of mental health and wellbeing
- 1.2 Historical and theoretical perspectives on mental health
- 1.3 Determinants of mental health: Biological, psychological, and social factors
- 1.4 Relationship between mental health, human rights, and social justice

Unit 2: Mental Health Disorders and Interventions

- 2.1 Classification of mental health disorders (DSM-5 & ICD-11)
- 2.2 Causes, symptoms, and treatment of common mental disorders (e.g., psychoneurotic disorders, depression, anxiety, OCD, schizophrenia, bipolar disorder, Paranoid disorders)
- 2.3 Psychosocial interventions: Counselling, psychotherapy, cognitive behavioural therapy (CBT), and RET
- 2.4 Role of medication and alternative therapies in mental health management

Unit 3: Mental Health Policies and Legal Frameworks

- 3.1 Mental health policies and programs in India and globally
- 3.2 Mental Health Care Act, 2017 (India) and international mental health laws
- 3.3 Role of government, NGOs, and community organizations in mental health advocacy
- 3.4 Ethical considerations and challenges in mental health policy implementation

Unit 4: Community Mental Health and Social Work Interventions

- 4.1 Importance of community-based mental health care
- 4.2 Alcoholism & Drug Dependence
- 4.3 Rehabilitation and reintegration of individuals with mental illness
- 4.4 Mental health challenges in vulnerable populations (children, elderly, LGBTQ+, persons with disabilities)

Unit 5: Contemporary Issues and Innovations in Mental Wellbeing

- 5.1 Workplace mental health and stress management
- 5.2 Digital mental health interventions
- 5.3 Role of lifestyle, diet, and physical activity in mental wellbeing
- 5.4 Future directions in mental health research and policy

Course Outcomes

1. Demonstrate a comprehensive understanding of mental health concepts and frameworks.
2. Analyze the impact of social and cultural factors on mental wellbeing.
3. Evaluate mental health policies and their effectiveness in different contexts.
4. Develop intervention strategies to address mental health issues in diverse populations.
5. Apply holistic and innovative approaches to promote mental health and wellbeing.

Assignments and Activities

- **Case Study:** Analysis of a real-life mental health case and intervention strategies.
- **Mental Health Policy Review:** Assessment of national and international mental health policies.
- **Awareness Campaign:** Design and execution of a mental health awareness project.
- **Group Presentation:** Discussion on contemporary mental health challenges and solutions.
- **Self-Care Journal (Optional):** Personal reflection on mental wellbeing practices.

Suggested Readings and Web Resources

1. Corey, G. (2016). *Theory and Practice of Counseling and Psychotherapy*. Cengage Learning.
2. Sadock, B. J., & Sadock, V. A. (2017). *Kaplan & Sadock's Synopsis of Psychiatry*. Wolters Kluwer.
3. Gopalkrishnan, N. (2018). *Mental Health and Wellbeing in the Global Context*. Routledge.
4. Patel, V., & Prince, M. (2010). *Global Mental Health: Principles and Practice*. Oxford University Press.
5. Culliford, L. (2011). *The Psychology of Spirituality: An Introduction*. Jessica Kingsley Publishers.
6. World Health Organization (WHO) – Mental Health: <https://www.who.int/health-topics/mental-health>
7. National Institute of Mental Health (NIMH): <https://www.nimh.nih.gov/>
8. American Psychological Association (APA): <https://www.apa.org/topics/mental-health>
9. Mental Health Foundation (UK): <https://www.mentalhealth.org.uk/>
10. Mind – Mental Health Charity: <https://www.mind.org.uk/>
11. Upadhyaya, R. K. (2009). *Mental Disorder And Mental Health Policy: A Social Perspective*. Kanishka Publishers.
12. Kshetrimayum, M. (2016). Alcoholism, Family and Social Work Practice, by CP Singh, 2015, Jaipur: Rawat Publications, pp 238, Price: 795/-, *The Indian Journal of Social Work*, 77(1), 107-108.

Master of Social Work

HR - Employee Welfare and Labour Codes/Legislations

SWP-206-V

L T P

4 0 0

I.A. :25 Marks

Theory:75 Marks

Total Credits:4

Max. Marks: 100

Time Allowed:3 Hours

Course Objectives

1. Understand the concepts, principles, and significance of employee welfare and labour laws.
2. Analyze the evolution and impact of labour legislations and welfare policies in India.
3. Examine the role of government, trade unions, and organizations in safeguarding employee rights.
4. Develop knowledge of the four new labour codes and their implications for workers and employers.
5. Explore contemporary challenges and best practices in employee welfare and labour rights.

Unit 1: Introduction to Employee Welfare

- 1.1 Concept, meaning, and scope of employee welfare
- 1.2 Principles and importance of employee welfare programs
- 1.3 Evolution of labour welfare in India and globally
- 1.4 Role of employers, trade unions, and government in labour welfare

Unit 2: Labour Laws in India – An Overview

- 2.1 Historical development of labour legislation in India
- 2.2 Fundamental labour rights under the Indian Constitution
- 2.3 Key labour laws: Employees' State Insurance Act, 1948
- 2.4 Role of the judiciary in labour welfare

Unit 3: The New Labour Codes (2020)

- 3.1 Code on Wages, 2019: Minimum wages, payment of wages, equal remuneration
- 3.2 Code on Social Security, 2020: Provident fund, gratuity, ESI, maternity benefits
- 3.3 Code on Occupational Safety, Health, and Working Conditions, 2020: Workplace safety, working conditions, health provisions
- 3.4 Code on Industrial Relations, 2020: Trade unions, strikes, layoffs, dispute resolution

Unit 4: Implementation and Impact of Labour Codes

- 4.1 Key changes introduced by the new labour codes and their rationale
- 4.2 Implications for workers, employers, and industries
- 4.3 Challenges in implementing labour laws and compliance issues
- 4.4 Comparative analysis of India's labour policies with international labour standards

Unit 5: Contemporary Issues and Best Practices in Employee Welfare

- 5.1 Workplace safety, health, and stress management
- 5.2 Corporate Social Responsibility (CSR) and employee's wellbeing
- 5.3 Gender equality, prevention of sexual harassment, and inclusive workplaces
- 5.4 Future of work: Gig economy, work-from-home policies, and emerging labour trends

Course Outcomes

1. Demonstrate an understanding of employee welfare concepts and labour laws.
2. Analyze the implications of labour legislations on employees and organizations.
3. Evaluate the effectiveness of the new labour codes in improving worker rights.
4. Apply knowledge of labour laws to workplace scenarios and compliance frameworks.
5. Propose innovative solutions for enhancing employee welfare and workplace policies.

Assignments and Activities

- **Case Study:** Analysis of labour law violations and their legal implications.
- **Policy Review:** Assessment of labour policies and their impact on workers.
- **Industry Research:** Study on employee welfare practices in different sectors.
- **Group Presentation:** Discussion on labour law reforms and emerging workforce trends.
- **Field Visit (Optional):** Interaction with trade unions or visits to labour welfare organizations.

Suggested Readings and Web Resources

1. Malik, P. L. (2021). *Handbook of Labour and Industrial Laws*. Eastern Book Company.
2. Sinha, P. R. N., Sinha, I. B., & Shekhar, S. P. (2017). *Industrial Relations, Trade Unions, and Labour Legislation*. Pearson.
3. Mishra, S. N. (2020). *Labour and Industrial Laws*. Central Law Publications.
4. Srivastava, S. C. (2019). *Industrial Relations and Labour Laws*. Vikas Publishing.
5. Vaid, K. N. (2016). *Labour Welfare in India*. Asia Publishing House.

6. Ministry of Labour and Employment, Government of India: <https://labour.gov.in/>
7. International Labour Organization (ILO): <https://www.ilo.org/>
8. Employees' Provident Fund Organisation (EPFO): <https://www.epfindia.gov.in/>
9. Code on Wages, 2019 (Official Document): <https://egazette.nic.in/>
10. Code on Social Security, 2020 (Official Document): <https://labour.gov.in/code-social-security-2020>

Master of Social Work

CD – Urban Community Development

SWP-208-V

L T P

4 0 0

I.A. :25 Marks

Theory:75 Marks

Max. Marks: 100

Total Credits:4

Time Allowed:3 Hours

Course Objectives

1. Understand the fundamental concepts, theories, and approaches to urban community development.
2. Analyze the impact of urbanization on communities, including housing, migration, and social structures.
3. Examine policies and programs for urban development and their role in addressing urban challenges.
4. Develop skills for planning and implementing urban community development projects.
5. Explore innovative and sustainable solutions for improving urban living conditions.

Unit 1: Introduction to Urban Community Development

- 1.1 Concept, meaning, and scope of urban community development
- 1.2 Urbanization and its impact on social structures
- 1.3 Theories and models of urban development
- 1.4 Role of stakeholders: Government, NGOs, private sector, and local communities

Unit 2: Issues and Challenges in Urban Communities

- 2.1 Urban poverty, slums, and informal settlements
- 2.2 Housing and infrastructure development
- 2.3 Migration, displacement, and urban refugees
- 2.4 Crime, violence, and social exclusion in urban areas

Unit 3: Policies and Programs for Urban Development

- 3.1 National Urban Development Policies in India
- 3.2 Smart Cities Mission, AMRUT, and other urban renewal programs
- 3.3 Basic Introduction to MDGs, Sustainable Development Goals (SDGs) and urban development
- 3.4 Role of international organizations (UN-Habitat, World Bank) in urban planning

Unit 4: Planning and Implementation of Urban Development Projects

- 4.1 Community participation in urban planning
- 4.2 Methods and techniques of urban community mobilization
- 4.3 Urban governance and local government institutions
- 4.4 Evaluating the impact of urban development programs

Unit 5: Innovations and Sustainable Approaches in Urban Development

- 5.1 Sustainable urban development and environmental planning
- 5.2 Smart cities and the role of technology in urban governance
- 5.3 Public-private partnerships in urban development
- 5.4 Future trends and challenges in urban community development

Course Outcomes

1. Demonstrate a clear understanding of urban community development concepts and practices.
2. Analyze urban development issues and propose viable solutions.
3. Evaluate the effectiveness of urban policies and programs.
4. Apply community-based approaches to urban development initiatives.
5. Design sustainable and innovative urban development strategies.

Assignments and Activities

- **Case Study:** Analysis of an urban development project or slum redevelopment initiative.
- **Urban Policy Review:** Critical assessment of a national or international urban development policy.
- **Community Engagement Project:** Practical engagement with urban communities for problem-solving.
- **Group Presentation:** Discussions on smart cities and sustainable urban development.
- **Field Visit (Optional):** Study tour to an urban development project site.

Suggested Readings

1. Pacione, M. (2013). *Urban Geography: A Global Perspective*. Routledge.
2. Patel, S., & Baptist, C. (2012). *The Slum Upgrading Manual*. World Bank Publications.
3. Hall, P. (2014). *Cities of Tomorrow: An Intellectual History of Urban Planning and Design*. Wiley-Blackwell.
4. Friedmann, J. (2011). *Insurgencies: Essays in Planning Theory*. Routledge.
5. UN-Habitat. (2020). *World Cities Report 2020: The Value of Sustainable Urbanization*. UN-Habitat.

Web Links:

6. Ministry of Housing and Urban Affairs, Government of India: <https://mohua.gov.in/>
7. UN-Habitat – Urban Development Reports: <https://unhabitat.org/>
8. World Bank – Urban Development: <https://www.worldbank.org/en/topic/urbandevelopment>
9. Smart Cities Mission (India): <http://smartcities.gov.in/>
10. Sustainable Development Goals (SDGs) & Urbanization: <https://sdgs.un.org/goals>

Master of Social Work

Concurrent Field Work Practice – IV

SWP-210-V

L T P	I.A.: 35 Marks
0 0 12	Practical: 115 Marks
	Max. Marks: 150
	Total Credits: 6

Nature of Placement

The students are to be placed with organizations which are working with urban, semi-urban or rural communities located in and around Delhi NCR, Faridabad.

Field Work Objectives

1. Developing an understanding of the agency and the issues that it addresses
2. Getting an orientation to the community, its needs and problems
3. Initiating groups/basic nucleus in the community for addressing some of these needs and problems and identify individuals/families that may require exclusive and intensive intervention
4. Locating internal/external resources that can be used for addressing community needs.
5. Developing an ability to record and use supervision for professional growth
6. Getting oriented to professional ethics and values

Tasks for Field Work

1. Collecting information on opportunities for education, health, employment etc. available in and around the community and their access to different population groups within the community and the reasons. Mapping of the community resources.

2. Practicing PRA and PLA methods
3. Working for then causes of children/youth/women/ men for addressing one or more of the concerns identified above and introducing a process of self-help.
4. Identifying formal and informal leaders from within the community and maintaining regular liaison with them
6. Observing and Learning the function of Field Work agency.

Components of Field Work:

- Concurrent Field Work twice a week
- Individual Conferences and Group Conferences
- Weekly report submission

Master of Social Work

Block Placement / Internship

SWP-212-V

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I.A.: 25 Marks
Practical: 75 Marks
Max. Marks: 100
Total Credits: 4

Course objectives:

6. To understand the functioning of agency
7. To develop skills in community practice
8. To practice the theoretical knowledge in agency
9. To be familiarised with the community and the helping process
10. To understand ethical considerations of working in a professional setting

Course Outline:

The block placement will be of 45 days for each student after the completion of their theory examination. Each student will be placed in NGO, CSR wing, or at some corporate office depending upon their chose specialization in Semester 3 and 4. The students are expected to complete their 45 days in continuous manner and submit the report of all work done to the concerned faculty supervisor upon the completion. Only after the submission of all reports, the class coordinator will arrange the viva voce examination to evaluate their block placement.